

Thanks to God,

Hospital was known to me, as I came with my mother-in-law for her slip-disc, and all the orthopaedic doctors advised for an operation, She came here struggling to walk and gone from here happily after completing the treatment.

Presently the only known hospital in Mumbai having bed space and a proper Ayurvedic system of treatment.

I was admitted here for my back pain. I used to get this back ache when I stand for more than 10-15 mins (without support) and also I could not sleep flat on my back for more than 15-30 mins, all due to my degenerated spine. These are clearly identified in my MRI report.

Doctor Sheeba Ravindran with her positive attitude and advice, surely impress any patients at the first meet itself.

Now I feel better after the 21 days treatment and happy to advice and propose any patients, to take this opportunity of Kerala Ayurvedic treatment here in Ashwini Ayurvedic Hospital.

I was very happy with the hospitality of all the therapists like Mr Dinesh, Mr. Binu, Mrs Sandhya Mrs Anita.

Never felt the absence of main cook as the food was prepared and served by therapists themselves, to keep the patients happy.

Treatment such as Pizhichil, Lepam, Navarakizhi, Kadvasti were carried out during my 21 days of treatment. Kashayams and Harishtams (Medicines) are served after each meal as a sweet after meal.

I really appreciate the team, and pray to God to have this similar treatment for any needy from this team. in future.

God bless you all.

Thanks

Vinod Nair - Thane.